

Sponsor Interview Information Sheet

- STEPS:** (1) Read the entirety of this sheet
(2) Interview your sponsor
(3) Fill out the [Sponsor Interview Reflection Sheet](#)

Now that you have chosen your Confirmation Sponsor, it is time to spend a little more time with him/her to really get to know more about his/her faith journal. After all, the life long role of your sponsor is to walk with you & support you on your own faith journey.

Set up a time to meet with your sponsor to 'interview' him/her. It would be best to meet with your sponsor in person, but if this is not possible, you can interview your sponsor by phone, via zoom/facetime/skype. You can meet at your home, your sponsor house, you could meet for a meal, or go for a walk. Feel free to be creative & comfortable.

Although you will be asking your sponsor questions in the format of an interview, your meeting should really be a discussion, with you adding your own insights & thoughts to the conversation. Your Sponsor can ask you questions too! You are welcome to ask your sponsor additional questions that are not included on the list. The questions are there to help guide your discussion.

Reminders:

- + Don't forget to start & end your meeting by praying together.
- + You should plan to meet with your sponsor for at least 1 hour.
There is no need to rush this time together. Feel free to meet for as long as you need.
- + If your sponsor is between the ages of 16-18 have a parent present during this interview.
- + This should be the beginning of monthly conversations that you should have with your sponsor. Your Sponsor can use their Sponsor Packet for more ideas on what to discuss.

Sponsor Interview Questions:

Note: No need to write down every answer unless that will help you answer the questions on the Sponsor Interview Reflection Sheet.

- 1) How did you become Catholic? Were you baptized when you were a baby or did you become a Catholic as an adult through the RCIA program? Tell me about how you first learned about your faith. Who taught you the faith? As a Catholic, what makes you different from other Christians?

- 2) What Saint did you choose for your Confirmation name & why? Is that your favorite saint? If not who is & why? What is your favorite saints story? What is there about his/her life that has helped you on your faith journey?

- 3) Tell me about a time it was hard to “keep the faith.” (Examples: Difficult time in life, ridicules because of your faith, or struggling to believe in the teachings of your Catholic faith.) What did you do? Where did you go to find answers during these times?
- 4) One very special aspect of our Catholic faith is the Sacrament of Reconciliation. Tell me about your own experiences with this Sacrament. How do you feel after you go to the Sacrament of Reconciliation? What kind of preparations do you find helpful before you celebrate the Sacrament of Reconciliation?
- 5) In what ways do you feel that celebrating the Eucharist (Mass) every week strengthens & nourishes you to live as a Catholic? Did you ever have a time when you did not like going to Mass? How about now? What do you think caused the change?
- 6) How often do you pray? Do you ever find it difficult to pray? Do you have a favorite place to pray or a favorite time to pray? Do you have a favorite form of prayer? Who or what do you usually pray for?
- 7) Do you regularly participate in service projects or volunteer opportunities at your parish or community? Describe what you do & how it impacts your life. Why do you like to serve? Why is it important as a Catholic to serve?
- 8) Is it important to keep growing in your faith? How do you continue to grow in your faith? In what ways do you think you still need to grow in your Catholic faith?
- 9) Through the Sacrament of Confirmation, the gifts we first received at our Baptism (Wisdom, Understanding, Knowledge, Counsel/Right Judgment, Courage/Fortitude, Reverence, Fear of the Lord/Wonder & Awe) are strengthened & increased within each of us. These 7 gifts represent all of the gifts & blessings that God gives us to lead a good & holy life. They are special graces that are given to us through the Holy Spirit to enable us to respond to God’s call to holiness.

Reflecting back on your life experiences & decisions, which gifts have you used a lot? Which gift(s) do you need to use more?

- 10) What do you think is one of the greatest challenges to being Catholic in the world today? What is the best thing about being Catholic?

+ Don’t forget to ask your own questions!

+ And remember, your sponsor should ask you a few too!

+ Once you are done with asking these questions go to the [Sponsor Interview Reflection Sheet](#) to answer a few questions about what you learned about the